

Torah Study Guíde Parshah Yítro Exodus (Exodo) 18:1-20:23

- 1. What do Moses' sons names mean?
- 2. What does Israel need to do to be a treasure to Yah?
- 3. How many of the commandments ask us not to do something?
- 4. Yah tested the people at the mountain so that the people would do what?
- 5. How are the Torah and Haftorah connected (Isaiah [Isaias] 6:1-7:6)?

Ariel is a member of the International Federation of Sephardic and Ashkenazi Jews Paul Falk: Messianic Rabbi Chris Shannon, Gloria Orama, Erika Figueroa: Board Members

## PASSOVER

Please remember to check the Passover sign up list to confirm whether you are planning to attend the seder on April 13 or not, as well as the number of your party.

## REMINDERS

**Oneg:** All guests are welcome to join us for Oneg, a light lunch after service. This is a great opportunity to meet some new people and discuss the scriptures. Remember, our guests get to go through the line first! **Tehillim Circle** is a circle of prayers for healing created to enable our congregants to help those in need by collectively engaging in the recitation of the psalms. For more information see Rabbi Paul or Diane or email pdf95@hotmail.com.

Notes

Torah ?'s: 1) Ex. 18:3-4; 2) Ex. 19:5; 3) Ex. 20:3-7, 10-11, 13-17; 4) Ex. 20:20-21; 5) Many answers.

## Acharit-hayamim

	(DAYS TO COME)	
MARK YOUR CALENDARS		
Dance 101	Today	2:30ish
Torah Study	Today	2:30ish
Bible Study	Feb. 12	Wed., 7 PM
Ask the Rabbi	Feb. 15	2:30ish
Men's Meeting	Feb. 16	Sun., 10:30
Torah Study	Feb. 22	2:30ish
Bible Study	Feb. 26	Wed., 7 PM

## Spring Moedim ???

Passover beginsSat./Sun.April12/13Congregational SederSundayApril13\*Unleavened Bread (Day 1)Mon./Tues.April14/15\*Unleavened Bread (Day 7)Sun./Mon.April20/21\*ShavuotSundayJune 8\*These are the days to take off from work.



I will lift up my eyes to the hills--From where does my help come from? My help [comes] from YHVH, Who made heaven and earth. He will not allow your foot to be moved; He who keeps you will not slumber. Behold, He who keeps Israel Shall neither slumber nor sleep. YHVH

[is] your keeper; YHVH [is] your shade at your right hand. The sun shall not strike you by day, Nor the moon by night. YHVH shall preserve you from all evil; He shall

preserve your soul. YHVH shall preserve your going out and your coming in From this time forth, and even forevermore. Ps. 121:1-8